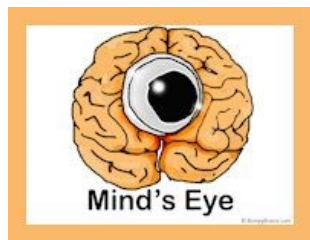


The Power of Visualization

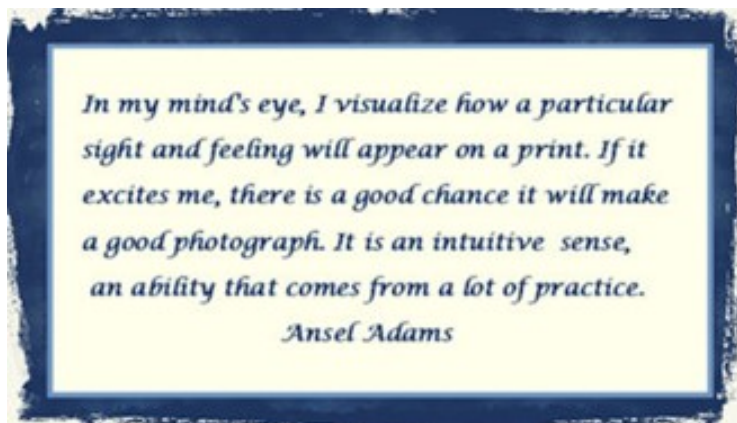


Visualization may be one of the most powerful skills writers can develop, especially when writing fiction. The writer's ability to visualize their desired outcomes is an important step in the creative process. Some of us can do this any time and any place. Most of us find that getting into a quiet place and a relaxed state of mind helps us visualize our desired outcomes and the process we will use to achieve those outcomes.

Visualization is the art of being able to imagine scenes in the past, present, or future in our mind's eye. It's used to change one's thoughts and expectations. When you visualize your desired outcomes, you are attempting to peer into the future. If you have ever played a sport, you probably envisioned yourself succeeding at the task at hand. Perhaps it was hitting the ball squarely or making that difficult catch. Whatever it was, it was designed to have you experience success before engaging in the actual event.

When you use visualization as you write, you picture a successful result once you complete your writing. You see the result and practice the various steps you need to take to get to your outcome.

Visualization can be used to change unwanted habits and create more desirable ones. Your desired outcome may be personal – to write that book you've been dreaming about. There are many suggestions available to stop procrastinating. But I contend that the only aid you need is to be able to envision how our life would benefit from seeing your book published for the world to read. Visualization can be applied to just about any personal habit we want to change.



Visualization can also help you pre-live what you want to accomplish in the future. You can apply visualization to identify the methods and resources needed to achieve your desired outcomes. Take a few moments and give it a try. With lots of practice it will become a subconscious tool for you to use. Hopefully, this new tool will help you achieve your goals and make your dreams come to fruition. Go to our [Website](#) for a set of visualization instructions.

See it in your mind's eye and then execute.

Click Image



Realize your dream, read [Soar Without Limits](#). [Email](#) us and tell us how we can propel you on your journey.